

Alcohol and Drug Counselor Practice Test Questions and Answers

1) What is the primary role of an Alcohol and Drug Counselor?

- A. To diagnose medical conditions
- B. To provide support and treatment plans for individuals with substance abuse issues
- C. To administer medications
- D. To conduct fitness assessments

2) Which skills are essential for an Alcohol and Drug Counselor?

- A. Communication and empathy
- B. Knowledge of addiction treatment
- C. Crisis management and problem-solving
- D. All of the above

3) How should a counselor handle a relapse in a client?

- A. Blame the client for lack of effort
- B. Reassess the treatment plan and provide additional support
- C. Discontinue the counseling sessions
- D. Ignore the relapse and proceed as usual

4) What is the best way to prepare for the Alcohol and Drug Counselor Certification Exam?

- A. Study addiction theories and counseling techniques
- B. Memorize random statistics about drug use
- C. Avoid preparation to reduce stress
- D. Focus only on crisis management skills

5) Who typically takes the Alcohol and Drug Counselor Certification Exam?

- A. Individuals seeking to become certified counselors
- B. Medical doctors
- C. High school students preparing for college
- D. Professional athletes

Answers:

1) B - 2) D - 3) B - 4) A - 5) A

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